
FROM: <u>YOUCAT</u> Youth Catechism of the Catholic Church

The Seven Sacraments of the Church

The Sacraments of Healing The Sacrament of Penance and Reconciliation

226. But we have Baptism, which reconciles us with God; why then do we need a special sacrament of Reconciliation? Baptism does snatch us from the power of sin and death and brings us into the new life of the children of God, but it does not free us from human weakness and the inclination to sin. That is why we need a place where we can be reconciled with God again and again. That place is confession. [1425 - 1426]

It does not seem like a modern thing to go to confession; it can be difficult and may cost a great deal of effort at first. But it is one of the greatest graces that we can receive again and again in our life - it truly renews the soul, completely unburdens it, leaving it without the debts of the past, accepted in love, and equipped with new strength. God is merciful, and he desires nothing more earnestly than for us, too, to lay claim to his mercy. Someone who has gone to confession turns a clean, new page in the book of his life. 67 - 70

227. Who instituted the sacrament of Penance?

Jesus himself instituted the sacrament of Penance when he showed himself to his apostles on Easter day and commanded them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained" (Jn 20:22a - 23). [1439, 1485]

Nowhere did Jesus express more beautifully what happens in the sacrament of Penance than in the parable of the Prodigal Son: We go astray, we are lost and can no longer cope. Yet our Father waits for us with great, indeed, infinite longing; he forgives us when we come back; he takes us in again, forgives our sins. Jesus himself forgave the sins of many individuals; it was more important to him than working miracles. He regarded this as the great sign of the dawning of the kingdom of God, in which all wounds are healed and all tears are wiped away. Jesus forgave sins in the power of the Holy Spirit. And he handed that power on to his Apostles. We fall into the arms of our heavenly Father when we go to a Priest and confess. 314, 524

"VOCATION SEEDS"

"Jesus did not come to help Angels, but the descendants of Abraham. If God is calling you to consider the priesthood or religious life,

contact Fr. Hansoo Park 416-968-0997 email: vocations@voctions.ca www.vocationstoronto.ca

MASS INTENTIONS

Saturday February 1:

5:00 pm +Mario Despa

+Nora Chin

+Irene Wright

+Winefredo Suarez

+Emiliano Pagaduan Sr.

Souls in Purgatory

Intention of Terry Lahey

Intention of Anna & Family

Sunday February 2:

9:00 am +Benedicto Wong

10:30 am +Afonso & Manny Cabral

12:00 pm Pro - Populo

Monday February 3:

9:00 am +Elias G. Sebastian

Tuesday February 4:

9:00 am +Rosa Tarter

Wednesday February 5:

7:30 pm +Rosa Loong

Thursday February 6:

9:00 am +Ferdinand Paul D'Souza

Friday February 7:

9:30 am Celebrant's Intention

7:30 pm Intention of Jacquie Georges

Saturday February 8:

9:00 am Celebrant's Intention

ADORATION OF THE BLESSED SACRAMENT on Fridays starting with Mass at 9:30 am and concluded with Benediction and Mass at 7:30 pm.

2014 Collection Envelopes

There are some more 2014 envelopes in the foyer. Please pick up the box with your name on it and start using it. **Please do not use 2013 envelopes.** For new parishioners who would like to use envelopes, please register in the gift shop. Thank you for your cooperation.

"Trust in Him and He will help you." (Sir 2:6)

APOSTOLATE OF PRAYERS Intentions for the month of February

Universal: Elders - That the Church and society may respect the wisdom and experience of older people.

For Evangelization: Collaboration in Evangelization - That priests, religious, and lay people may work together with generosity for evangelization.

New Altar Servers Training

on Sunday February 23rd from 3 pm to 4 pm in St. Aidan Church.

- must be in grade 4 and up
- must be mature enough not to talk during Mass
- parental support and guidance recommended

No Registration required just show up Existing Altar Servers are requested to attend the Junior Legion of Mary group every Friday at 6 pm unless they go to a prayer group.

STEUBENVILLE CONFERENCES Toronto July 4 - 6, 2014 Mattamy Athletic Centre at the Gardens

Office of Catholic Youth Archdiocese of Toronto Visit Us On: Facebook: /steubevilleTO Twitter: /steubenville TO You Tube: /steubenville

Website: steubenvilletoronto.com

SOCIETY OF ST. VINCENT DE PAUL Tel: 647-772-1319 www.svdptoronto.org

In all the ordinary and extraordinary things that we do to bring comfort, hope and joy to our neighbour-in-need in our community, we give witness and thanks to God's love and compassion.

May God enrich you in every way for your generosity. Please use the SVP donation envelopes kept at the back of the Church for which we issue a tax receipt at the end of the year.

Bundle Up Weekend: March 8-9, 2014 - Coats; Boots; Household Goods; Bedding; Men's Clothing; Drapes; Children's Wear; Baby Clothes; Toys; Ladies Wear; Shoes; Boots; Books; Accessories and Textiles

Please Note: No Mattresses or Appliances accepted

THE PURITY OF SOUL NECESSARY FOR HOLY COMMUNION by Father Stefano Manelli, O.F.M. Conv., S.T.D.

The most conscientious souls have always made frequent use of the sacramental cleansing of absolution, even for venial sins. If you want great purity of soul in order to receive Jesus, no purity shines brighter than that which one obtains when he makes a good confession, where the cleansing Blood of Jesus renders the repentant soul divinely bright and beautiful. "The soul that receives the Divine Blood becomes beautiful, as being clothed in a more precious garment, and it appears so beautiful aglow that if you could see it would be tempted to adore it," declared St. Mary Magdalene di Pazzi.

MARRIAGE SUNDAY 2014

The Archdiocese of Toronto will celebrate Marriage Sunday once again this year, on the weekend of February8/9, 2014. In addition to local parish initiatives, there will be a special Mass and reception with Cardinal Collins to be held on Sunday, February 9, 2014 at 4 pm at St. Paul's Basilica (83 Power St.). All couples celebrating a significant milestones anniversary anytime in 2014 (25th, 40th, 50th or 60+) along with their family and friends are encouraged to attend. All are welcome to this special event that is being coordinated by local Worldwide Marriage Encounter Movement.

Pope Francis has placed a special emphasis on marriage and the family and this is a particular priority in our archdiocesan pastoral plan. To learn more about Marriage Sunday and for resources on marriage enrichment, FAQ's about marriage and preparing for the sacrament, visit: www.archtoronto.org/marriage

SENIOR HIGH SCHOOL MEN'S RETREAT "Speak Lord, Here I Am"

Journey Inward as you Journey Outward by giving yourself a weekend retreat for prayer, reflection, community and recreational activities.

Friday March 21st at 7pm to Sunday March 23rd, 2014 at 2:30pm

Scarboro Foreign Missions 2685 Kingston Road, Scarborough, Ontario

This retreat is prepared and facilitated by the Office of Vocations of the Archdiocese of Toronto and the Seminarians of Serra House.

For further information please call the Toronto Office of Vocations 416 968 0997 or email: vocations@vocations.ca Deadline for registration is: March 17, 2014