

SIXTH SUNDAY IN ORDINARY TIME

FROM: YOU CAT
Youth Catechism of the Catholic Church

The Seven Sacraments of the Church

The Sacraments of Healing
The Sacrament of Penance and Reconciliation

230. What is penance?

Penance is making restitution or satisfaction for a wrong that has been committed. Penance must not take place exclusively in my head; I must express it in acts of charity and in solidarity with others. One does penance also by praying, fasting, and supporting the poor spiritually and materially. [1434 - 1439]

Penance is often misunderstood. It has nothing to do with low self-esteem or scrupulosity. Penance is not brooding over what a bad person I am. Penance frees and encourages us to make a new start.

231. What are the two basic elements required for the forgiveness of a Christian's sin to occur in the sacrament of Penance?

What is required for the forgiveness of sins is the person who undergoes conversion and the Priest who in God's name gives him absolution from his sins.

232. What must I bring to a confession?

Essential elements of every confession are an examination of conscience, contrition, a purpose of amendment, confession, and penance. [1450-1460; 1490-1492; 1494]

The examination of conscience should be done thoroughly, but it can never be exhaustive. No one can be absolved from his sin without real contrition, merely on the basis of "lip-service". Equally indispensable is the purpose of amendment, the resolution not to commit that sin again in the future. The sinner absolutely must declare the sin to the confessor and, thus, confess to it. The final essential element of confession is the atonement or penance that the confessor imposes on the sinner to make restitution for the harm done.

"VOCATION SEEDS"

"No eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him." If you feel you are being invited to spread the Good News of God's love,

contact Fr. Hansoo Park 416-968-0997

email: vocations@voctions.ca www.vocationstoronto.ca

Novalis "Living with Christ" for the month of March are available in the gift shop at \$3.50 each.

MASS INTENTIONS

Saturday February 15:

5:00 pm +Francisco Dayacap
+Ludgar Gomes
+Emelda & Fred Balasingham
+Julian Vasquez Sr.
+Arcadio Alon
+Alfredo & Leonisa Lopez

Sunday February 16:

9:00 am Deceased Members of D'Costa Family

10:30 am +Lourdes Quicho

12:00 pm Pro - Populo

Monday February 17:

9:00 am +Maria Atizado

Tuesday February 18:

9:00 am +Edgardo Veloria

Wednesday February 19:

7:30 pm In Thanksgiving of Ferrao Family

Thursday February 20:

9:00 am +Leonila dela Vega

Friday February 21:

9:30 am Celebrant's Intention

7:30 pm Souls in Purgatory

Saturday February 22:

9:00 am Celebrant's Intention

ADORATION OF THE BLESSED SACRAMENT
on Fridays starting with Mass at 9:30 am and
concluded with Benediction and Mass at 7:30 pm.

2014 Collection Envelopes

There are some more 2014 envelopes in the foyer. Please pick up the box with your name on it and start using it. **Please do not use 2013 envelopes.** For new parishioners who would like to use envelopes, please register in the gift shop. Thank you for your cooperation.

"Thanks be to God, who in Christ always leads us in triumphal procession." - 2 Cor 2:14

FEBRUARY 16, 2014

St. Aidan Youth Group Bake Sale

this weekend February 15th and 16th. All proceeds made from this bake sale will be donated to the Sisters of Light, an organization dedicated to pro-life movement and assisting pregnant women.

New Altar Servers Training

on Sunday February 23rd from 3 pm to 4 pm in St. Aidan Church.

- must be in grade 4 and up
- must be mature enough not to talk during Mass
- parental support and guidance recommended

No Registration required just show up

Existing Altar Servers are requested to attend the Junior Legion of Mary group every Friday at 6 pm unless they go to a prayer group.

STEUBENVILLE CONFERENCES

Toronto July 4 - 6, 2014

Mattamy Athletic Centre at the Gardens

Office of Catholic Youth Archdiocese of Toronto

Visit Us On: **Facebook:** /steubenvilleTO

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Website: steubenvilletoronto.com

SOCIETY OF ST. VINCENT DE PAUL

Tel: 647-772-1319

www.svdptoronto.org

“The Saviour is present in the poor and the abandoned. To help our neighbour-in-need is to receive many blessings from God” - Don Bosco

We sincerely appreciate and thank you for your kind contribution to the POOR BOX and making St. Aidan's community a witness to the presence of Christ in serving the poor and the marginalized.

The January SVP Box collection was \$1,000.44. Thank You for your generosity.

Bundle Up Weekend: March 8-9, 2014 - Coats; Boots; Household Goods; Bedding; Men's Clothing; Drapes; Children's Wear; Baby Clothes; Toys; Ladies Wear; Shoes; Boots; Books; Accessories and Textiles

Please Note: No Mattresses or Appliances accepted

LENT

Lent is the yearly celebration by the Church of its cooperate conversion in Jesus Christ. During this season the liturgy prepares catechumens to celebrate the paschal mystery by the various stages of the Christian initiation. Lent also prepares the faithful for Easter as they recall their baptism and do penance in preparation for the greatest feast of the year.

PENITENTIAL DISCIPLINE

Law of the Gospel: The Church wants new emphasis to be given to the evangelical law that a follower of Christ must do penance. While the heart of penance is heard for sin as an offence against God, external forms of penance are required to deepen and encourage the internal virtue.

Fridays are days of abstinence from meat, but Catholics may substitute special acts of charity and piety on this day.

Lent: The penitential charter of Lent is to be maintained. On these days penance is to be considered an important requirement of the Christian life. Fulfillment of this duty involves prayer, works of piety and charity, and self-denial by fulfilling one's obligation more faithfully and especially by observing the prescribed fast and abstinence.

Celebrate your Marriage with a Worldwide Marriage Encounter Weekend!

Married Couples: You deserved a weekend to cherish being together to rediscover each other and focus on ways to make your relationship even better. A Worldwide Marriage Encounter Weekend offers this opportunity to consider giving each other or another couple that you know the gift of a weekend away from daily pressures; time to be with each other and with God on a Marriage Encounter Weekend on March 21-23, 2014.

For further information or registration please contact:
Cora and Mike Bryce at 905 896 2958 or
coramikebryce@sympatico.ca

EXTENDED FRENCH INFORMATION NIGHT

Parents of Grade 4 students interested in developing their French Language skills are invited to attend an information session at **Our Lady of Grace Catholic School, 121 Brimwood Blvd., on Monday February 24, 2014 at 6:30 pm** in the school library.

All students presently attending TCDSB schools or baptized Catholics are eligible to enroll in this program for Grade 5 in September 2014.