

EIGHTH SUNDAY IN ORDINARY TIME

FROM: YOU CAT
Youth Catechism of the Catholic Church

The Seven Sacraments of the Church

The Sacraments of Healing
The Sacrament of Penance and Reconciliation

235. Can I make a confession even if I have not committed any serious sins?

Confession is a great gift of healing that brings about closer union with the Lord, even if, strictly speaking, you do not have to go to confession. [1458]

In Taize, at Catholic conferences, at World Youth Day celebrations - everywhere, you see young people being reconciled with God. Christians who take seriously their decision to follow Jesus seek the joy that comes from a radical new beginning with God. Even the saints went to confession regularly, if possible. They needed it in order to grow in humility and charity, so as to allow themselves to be touched by God's healing light even in the inmost recesses of their souls.

236. Why are priests the only ones who can forgive sins?

No man can forgive sins unless he has a commission from God to do so and the power given by him to ensure that the forgiveness he promises the penitent really takes place. The Bishop, in the first place, is appointed to do that and, then, his helpers, the ordained Priests. [1461-1466, 1495] 150, 228, 249-250

237. Are there sins that are so serious that not even the average priest can forgive them?

There are sins in which a man turns completely away from God and at the same time, because of the seriousness of the deed, incurs excommunication. When a sin results in "excommunication", absolution can be granted only by the Bishop or a Priest delegated by him, and, in a few cases, only by the Pope. In danger of death, any priest can absolve from every sin and excommunication. [1463]

A Catholic who, for example, cooperates in an abortion automatically excludes himself from sacramental communion; the Church simply acknowledges this fact. The purpose of 'excommunication' is to correct the sinner and to lead him back to the right path.

"VOCATION SEEDS"

"No one can serve two masters." If God is calling you to serve him as a priest, deacon or religious,

contact Fr. Hansoo Park 416-968-0997
email: vocations@voctions.ca www.vocationstoronto.ca

MASS INTENTIONS

Saturday March 1:

5:00 pm +Elias Sebastian
+Gabriel Noronha
+Lucrecia Malinao
+Bradley Fernandes
Intention of Terry Lahey

Sunday March 2:

9:00 am +Ellen Loo

10:30 am +Afonso & Manny Cabral

12:00 pm Pro - Populo

Monday March 3:

9:00 am In Honour of St. Joseph

Tuesday March 4:

9:00 am +Florencio Mabbayad

Wednesday March 5:

9:30 am Celebrant's Intention

7:30 pm Special Intention of Cecilia and Sidney Jeffrey

Thursday March 6:

9:00 am +Carmelita & Vicente Rosales

Friday March 7:

9:30 am Celebrant's Intention

7:30 pm Intention of Jacquie Georges

Saturday March 8:

9:00 am Celebrant's Intention

**ADORATION OF THE BLESSED SACRAMENT
on Fridays starting with Mass at 9:30 am and
concluded with Benediction and Mass at 7:30 pm.**

APOSTOLATE OF PRAYERS

Intention for the month of March

Universal: Respect for Women - That all cultures may respect the rights and dignity of women.

For Evangelization: Vocations - That many young people may accept the Lord's invitation to consecrate their lives to proclaiming the Gospel.

MARCH 2, 2014

Archdiocesan Day of Confessions

Wednesday April 9, 2014 has been chosen as the date for the Day of Confessions in the Archdiocese of Toronto. On this day, we will especially dedicate ourselves to hearing confessions and making this sacrament available throughout the day in our parish as it will be in every parish and Catholic community throughout the archdiocese.

St. Aidan's Youth Group have the recreation room in the Church hall open on the **second and fourth Thursday of every month at 7:00 pm.** This is a great opportunity to interact with the youth of St. Aidan Parish over ping pong, pool and movies. Youth from Grade 7 and up are welcome!

The Catholic Women's League of Canada St. Aidan Council will hold their Annual One Day Lenten Reflection on **Repentance and Forgiveness, Saturday March 15, 2014** after the 9:00 am Mass. All are invited. Pre-registration will take place after each Mass on the following weekends: March 1st/2nd and March 8th/9th, 2014. A nominal fee of \$ 2.00 will be collected upon registration

**He wraps himself in light as with a garment;
he stretches out the heavens like a tent.
Psalm 104:2**

SOCIETY OF ST. VINCENT DE PAUL
Tel: 647-772-1319 www.svdptoronto.org

SVP RECRUITMENT DRIVE:

The Society of St. Vincent de Paul is having a recruitment drive this weekend. Please take time on your way out to meet our members to know more about the Society. We look forward to you joining us.

This week we enter into the season of Lent. Lent offers us time to awaken our hearts and minds and prayerfully listen to God's voice.

The SVP collection for the month of February 2014 was \$1,283.76. Thank You for your support.

Bundle Up Weekend: March 8-9, 2014 - Coats; Boots; Household Goods; Beddings; Men's Clothing; Drapes; Children's Wear; Baby Clothes; Toys; Ladies Wear; Shoes; Books; Accessories and Textiles

Please Note: No Mattresses or Appliances accepted!

LENT

Lent is the yearly celebration by the Church of its cooperative conversion in Jesus Christ. During this season the liturgy prepares catechumens to celebrate the paschal mystery by the various stages of the Christian initiation. Lent also prepares the faithful for Easter as they recall their baptism and do penance in preparation for the greatest feast of the year.

PENITENTIAL DISCIPLINE

Law of the Gospel: The Church wants new emphasis to be given to the evangelical law that a follower of Christ must do penance. While the heart of penance is heard for sin as an offence against God, external forms of penance are required to deepen and encourage the internal virtue.

Fridays are days of abstinence from meat, but Catholics may substitute special acts of charity and piety on this day.

Lent: The penitential charter of Lent is to be maintained. On these days penance is to be considered an important requirement of the Christian life. Fulfillment of this duty involves prayer, works of piety and charity, and self-denial by fulfilling one's obligation more faithfully and especially by observing the prescribed fast and abstinence.

Wednesday March 5th is Ash Wednesday, the beginning of Lent. Masses are at 9:30 am and 7:30 pm. Ashes will be distributed during both Masses.

Stations of the Cross will be held during Lent every Friday after the 7:30 pm Mass.

Ash Wednesday and Good Friday are days of fasting and abstinence from meat.

The law of abstinence from meat binds those who are 14 years of age and older; the law of fasting binds those from 18 to 59 years of age. Parents and educators are reminded of their duty to introduce children gradually to the understanding and practice of penance. Adult example will be the greatest influence in this matter.

Abstinence means we do not eat meat.

Fasting means that we eat only one full meal; two other light meals are permitted, but eating between meals is not permitted.