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# FROM: <u>YOUCAT</u> <u>Youth Catechism of the Catholic Church</u>

#### The Seven Sacraments of the Church

# The Sacraments of Healing The Sacrament of the Anointing of the Sick

240. How was "sickness" interpreted in the Old Testament? In the Old testament sickness was often experienced as a severe trial, against which one could protest but in which one could also see God's hands. In the prophets the thought appears that sufferings are not just a curse and not always consequence of personal sin, that by patiently bearing sufferings one can also be there for others. [1502]

241. Why did Jesus show so much interest in the sick? Jesus came in order to show God's love. He often did this in places where we feel especially threatened: in the weakening of our life through sickness. God wants us to become well in body and soul and, therefore, to believe and to acknowledge the coming of God's kingdom. [1503 - 1505]

Sometimes a person has to become sick in order to recognize what we all - healthy or sick - need more than anything else: God. We have no life except in him. That is why sick people and sinners can have a special instinct for the essential things. Already in the New Testament it was precisely that sick people who sought the presence of Jesus; they tried "to touch him, for power came forth from him and healed them all" (Lk 6:19). 91

## **SHARELIFE** - Working wonders in our livelihoods ......

Andrew attended counseling at Catholic Family Services in Simcoe at the suggestion of his employer. He was experiencing a considerable amount of conflict at work which was affecting his job performance. Andrew realized that if he didn't get some help he was at risk of losing his job. Through counseling he learned more positive ways of interacting as well as some healthy stress management skills. Today Andrew has fewer conflicts at work and has learned how to separate his work and home life. He appreciated the help that the Catholic Family Services provided to him when he needed it most. Last year, ShareLife - supported Family Service agencies provided family counseling to over 5,100 people in the Greater Toronto Area.

First ShareLife Sunday - March 30, 2014 Please give generously. You can work wonders!

ADORATION OF THE BLESSED SACRAMENT on Fridays starting with Mass at 9:30 am and concluded with Benediction and Mass at 7:30 pm.

#### **MASS INTENTIONS**

## **Saturday March 15:**

5:00 pm +Herminia Tan

+Emelda & Fred Balasingham

+James Francis

+George Ratnavale

+Rose Chuck

+Marciano & Ceriaca Mejia

+Andres & Elueteria Bato

In Thanksgiving of Rita Benedict Intention of Jeyaseely Satgunarajah

Intention of Koon Wai Wong

## **Sunday March 16:**

9:00 am +Ellen Loo

10:30 am +Victoria Noronha

12:00 pm Pro - Populo

## **Monday March 17:**

9:00 am +Julita Recto

## **Tuesday March 18:**

9:00 am +Victoria & Gabriel Noronha

## Wednesday March 19:

7:30 pm +Jackie Rodriguez

## Thursday March 20:

9:00 am +Herminia Tan

#### Friday March 21:

9:30 am Celebrant's Intention

7:30 pm +Michael D'Souza

## **Saturday March 22:**

9:00 am Celebrant's Intention

### "VOCATION SEEDS"

Peter, James and John had a mountaintop experience with Jesus by witnessing His transfiguration. We too can have a mountaintop experience when we open our minds and hearts to following God's Will for our life. If God is calling you,

contact Fr. Hansoo Park 416 968 0997 email: vocations@vocations.ca www.vocationstoronto.ca \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

## WORTHY TO RECEIVE HOLY COMMUNION? By F.J.Power S.J.

Can everyone who participates in the Celebration of the Eucharist receive Holy Communion? The answer to this question has been clear and unambiguous from the early days of the Church.

Not everyone qualifies for the reception of Communion simply by being at Mass. There is a condition that is required before a person can present himself or herself for the reception of the Eucharist. Long, long ago, St Paul dealt with certain abuses about the Celebration of the Eucharist in his first letter to the Corinthians. He then stated bluntly: "Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord." (11:27)

Thus it is clear that not everyone is to receive Communion just because one participates at Mass. There is a condition, a serious condition, that must be met. What was true then is true today. This teaching has been consistent throughout the history of the Church.

The new Catechism of the Catholic Church states categorically and references the Council of Trent: "Anyone who is aware of having committed a **mortal sin** must not receive Holy Communion, even if he experiences deep contrition, without having first received sacramental absolution, unless he has a grave reason for receiving Communion and there is no possibility of going to confession." (#1457)

Another qualification is affirmed in the new Catechism "the Eucharist is properly the sacrament of those who are in full communion with the Church." (#1395) It would be wrong at an ecumenical service to offer the Eucharist to all participants as a gesture of greater union of hearts. The required qualification of "Full communion with the Church" would be lacking.

It should be obvious that the reception of the Eucharist is not meant to be a casual or trivial social event. In the words of the new Catechism, "The Eucharist is the 'source and summit of the Christian life." This is a quote from the dogmatic Constitution of Vatican Council II. The Catechism continues by citing from the instruction of the Mystery of the Eucharist issued by the congregation of Rites: "For in the blessed Eucharist is contained the whole spiritual good of the Church namely Christ himself, our Pasch." (#1324)

Despite the clarity of the Church's teaching on what is required for proper reception of the Eucharist and to whom the Eucharist is to be offered, there arise situations where these regulations would appear to be violated. For example <a href="those">those</a> who are known to be not in full communion with the Church offer themselves for the reception of Communion, those who are publicly known to be in irregular marriage relationship that have not been or cannot be regularized by the Church, but offer themselves for Communion; those who are known publicly and even have stand publicly to be at odds with the official teaching of the Church in serious matters that objectively fall into the category of mortal sin, but offer themselves as if their difference with Church teaching is of little consequence.

One might ask, how can these people present themselves as member of the Church in good standing when they are not in good standing? It is not sufficient to say that the person receives Communion in good conscience believing that he or she is right.

Conscience is not personal preference or a vague sense of feeling of doing what is right or wrong. We have to follow our conscience, but we must do all that we can to make sure that it is an informed, conscience. In other words we must find out what the Church teaches about something in order to become properly "informed." In the case of being worthy to receive Communion, one must know what is required for proper reception as has been stated above.

To sum up, one has to follow one's conscience, but that conscience has to be informed about what to believe and what to do. Having gathered the proper information to the best of one's ability, then a person must follow what appears to that person to be the right thing to do. One is then acting on an informed conscience as God intended that one should so act.

Others who witness a person doing something can never judge the other person's conscience, only God can do that. But everyone can judge whether what is done is objectively right or wrong, in conformity with what should be done according to the rules, regulations, and moral rightness.

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## SOCIETY OF ST. VINCENT DE PAUL Tel: 647-772-1319 www.svdptoronto.org

"Life becomes much better when you can love others more than yourself" - Mother Teresa During this time of Lent, let us make an 'extra effort' to help and support our neighbour-in-need Going out of our way and denying our own desires, we could help others more. Please remember the POOR BOX on your way out of the Church.

## KNIGHTS OF COLUMBUS , ST. AIDAN COUNCIL RECRUITMENT DRIVE

"Here I am Lord, I come to do your will." God calls each of us to service. This weekend, answer His call as a Knight of

Columbus! We invite Catholic gentlemen to meet us in the Church foyer after all Masses and learn what it means to be a Brother Knight.