

# ASCENSION OF THE LORD

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## FROM: YOU CAT

### Youth Catechism of the Catholic Church

#### The Ten Commandments

#### The Third Commandment: Remember to Keep Holy the Lord's Day.

365. How do Christians make Sunday "the Lord's day"?  
**A Catholic Christian attends Holy Mass on Sunday or on the vigil of Sunday. On that day he refrains from all work that would prevent him from worshipping God or disturb the festive, joyful, restful, and restorative character of the day. [2177-2186, 2192-2193]**

Since Sunday is an Easter celebration that occurs each week, Christians from the earliest times have gathered together on that day to celebrate and thank their Redeemer and to reunite themselves with him and with others who are redeemed. So it is a central duty of every conscientious Catholic Christian to "keep holy" Sunday and the other holy days of the Church. One is exempted from it only by urgent family duties and important responsibilities in society. Because participation in the Sunday EUHARIST is fundamental for a Christian life, the Church explicitly declares that it is a serious sin to stay away from Sunday Mass without good reason. 219, 345

366. Why is it important for the State to preserve Sunday?  
**Sunday is a genuine service to the good of society, because it is a sign of opposition to the total absorption of man by the working world. [2188, 2192 - 2193]**

Therefore in lands that have a Christian character, Christians not only demand the governmental preservation of Sunday, they also do not ask others to do work that they themselves do not want to do on Sunday. Everyone in creation should take part in this "breather".

#### 'VOCATION SEEDS'

Before the Ascension, Jesus tells His Apostles not to leave Jerusalem - to wait - to pray for the Holy Spirit to show them God's will for their future. Where is the Holy Spirit leading you? If you feel you are being led to a Church vocation,

call **Fr. Chris Lemieux, Vocation Director**  
**Archdiocese of Toronto 416-968-0997**  
**email: vocations@archtoronto.org**  
**www.vocationstoronto.ca**

Novalis "Living with Christ" daily missal for the month of June is available from the gift shop for \$3.50 each.

## MASS INTENTIONS

### Saturday May 16.:

5:00 pm +Julian Vasquez Sr.  
+Clement Benedict  
+Sarah C. Boyles  
Holy Souls in Purgatory  
In Thanksgiving to the Members of the  
Legion of Mary  
50th Birthday of Marie Tassivi Appetti

### Sunday May 17:

9:00 am In Thanksgiving of Alejandra Callueng  
  
10:30 am +Mary Fernandes  
  
12:00 pm Pro - Populo

### Monday May 18:

9:00 am +Fiona Mendonca

### Tuesday May 19:

9:00 am Intention of Buddy Bisessar

### Wednesday May 20:

7:30 pm +Rosa Rosalinda Mendes

### Thursday May 21:

9:00 am Intention of Ylagan Family

### Friday May 22:

9:30 am Celebrant's Intention  
  
7:30 pm +Bradley Fernandes

### Saturday May 23:

9:00 am Celebrant's Intention

**ADORATION OF THE BLESSED SACRAMENT**  
**on Fridays starting with a Mass at 9:30 am and**  
**concluded with benediction and Mass at 7:30 pm.**

#### THE POPE'S PASTORAL WORKS

Today, a second collection will be taken up for the above collection. Please be generous!

**Open our hearts, O Lord, and enlighten our minds**  
**by the grace of your Holy Spirit, that we may seek**  
**what is well-pleasing to your will.**

**- Saint Bede the Venerable -**

**May 17, 2015**

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**SHARELIFE**

**Working wonders for our new arrival in Canada .....**  
Within one year of arriving in Canada, large numbers of immigrants who had no prior mental health problems experience mental health challenges that often impede their ability to settle in Canada. In addition, there are few culturally and linguistically appropriate mental health services. Last year, ShareLife agencies helped to meet this challenge by providing advocacy programs for more than 40,000 immigrants and refugees in the GTA.

**Our Parish Goal: \$ 43,000.00**  
**Our Donations to Date: \$ 24,557.00**  
**Thank you for your generosity.**  
**Together we can work wonders!**

The Catholic Women's League, St. Aidan Council invites you to a **Free CATHOLIC ESTATE PLANNING SEMINAR**

on **Saturday May 23, 2015**  
at **10:00 am - 11:00 am at the Parish Hall**

- How to protect your loved ones with a proper Will
- How to ensure your wishes are legally protected
- Powers of Attorney
- Estate Trustee selection
- Finding lawyers and estate planning advisors
- Our Catholic traditions around wills, burial and funerals

**A lawyer will be present to answer your legal questions**  
**Registration Required.** (CWL members will be in the foyer for registration after all Masses today May 16/17, 2015).

**SOCIETY OF ST. VINCENT DE PAUL**

**Tel: 647 772 1319**                      **www.svdptoronto.org**

Abiding in Jesus implies that we love, with the love of Jesus, all those who are given to us, especially the marginalized and the needy. To love and care for them, is to serve them with humility and care - to place their interest before their own .

My only ambition is to serve God in the most humble tasks—St. Andre Bessette

Your support to the POOR BOX, is the HOPE to our neighbour-in-need. Please continue this good work.

**Where there is rest and meditation,  
there is neither anxiety nor restlessness.**  
**- St. Francis of Assisi -**

**ST. AIDAN SHARELIFE WALK**

Saturday June 6, 2015

@10:00 am (Rain or Shine)

It's come one, come all event. Get your family & friends

**All participants must  
CHECK-IN at the St. Aidan compound**

Registration and pledge forms available in the foyer.

For more information contact: ShareLife Coordinators

Victor Valdes: 416 858 5243

Rose Ylagan: 416 494 1793

Artimizia Tellis: 416 491 3937

**Walk Route:**

Start at St. Aidan; East on Finch; South on Birchmount Rd; West on Huntingwood; - **Water Break** - North on Warden; East on Finch; Back at St. Aidan

**Light Refreshment of Hot-Dogs and Pop will be served.**

**WORLD COMMUNICATIONS DAY**

**May 17**

Today Catholics are invited to reflect upon the media of social communication (films, radio, television, newspapers, audiovisuals) and how these influence our lives.

The media can promote values that lead to a more fully human society. The Church's ministry is twofold. The media can be used to help promote the Gospel. At the same time, as receivers of the materials presented by the media, the faithful have a duty to support and promote worthwhile presentations on media and reject those which promote values contrary to spiritual growth.

**REIGNING MERCY**

Healing after Abortion

**Day of Prayer and Healing for Women**

Saturday May 30, 2015

Toronto

**Letting Mercy Himself  
flow through and heal our hurting souls.**

To register: Call Sisters of Life at 845 357 0258 or email:  
hopeandhealing@sistersoflife.org / sistersoflife.org

**Joy is a net of love by which you can catch souls.**  
**- Blessed Teresa of Calcutta -**