

SECOND SUNDAY IN ORDINARY TIME

FROM: YOU CAT

Youth Catechism of the Catholic Church The Ten Commandments

The Sixth Commandment: You shall not commit adultery.

421. Why are all methods of preventing the conception of a child not equally good?

The Church recommends the refined methods of self-observation and natural family planning (NFP) as methods of deliberately regulating conception. These are in keeping with the dignity of man and woman; they respect the innate laws of the female body; they demand mutual affection and consideration and therefore are a school of love. [2370-2372, 2399]

The Church pays careful attention to the order of nature and sees in it a deep meaning. For her it is therefore not a matter of indifference whether a couple manipulates the woman's fertility or instead makes use of the natural alternation of fertile and infertile days. It is no accident that Natural Family Planning is called natural: it is ecological, holistic, healthy, and an exercise in partnership. On the other hand, the Church rejects all artificial means of contraception - namely, chemical methods ("the Pill"), mechanical methods (for example, condom, intra-uterine device, or IUD), and surgical methods (sterilization) - since these attempt to separate the sexual act from its procreative potential and block the total self-giving of husband and wife. Such methods can even endanger the women's health, have an abortifacient effect (= cause a very early abortion), and in the long run be detrimental to the couple's love life.

422. What can a childless couple do?

Married couples who suffer from infertility can accept any medical assistance that does not contradict the dignity of the human person, the rights of the child to be conceived, and the Holiness of the Sacrament of Matrimony. [2375, 2379]

There is no absolute right to have a child. Every child is a gift from God. Married couples to whom this gift has been denied, even though they have exhausted all permissible medical means of assistance, can take in foster children or adopt children or become socially involved in some other way, for instance, by caring for abandoned children.

2016 DONATION ENVELOPES

are available in the foyer and are in numerical order. Please take **ONLY** the box with your name on it. **Please discard your 2015 unused envelopes.** For parishioners who wish to use envelopes, please get a registration form from the gift shop.

Thank You for your cooperation!

MASS INTENTIONS

Saturday: January 16:

5:00 pm +Emelda & Fred Balasingham
+Henry Mallia
+Claro Recto
+Alphonsus Lambe
+Pureza Bernales
+Benita Anonuevo
Intention of Margaret MacNeil

Sunday January 17:

9:00 am Deceased Members of Montero, Sequeira,
and Gopalan Families

10:30 am Intention of Billing Family

12:00 pm Pro - Populo

Monday January 18:

9:00 am +Paul & Ellen Loo

Tuesday January 19:

9:00 am +Lucrecia Malinao

Wednesday January 20:

7:30 pm +Elias Gonzales Sebastian Sr.

Thursday January 21:

9:00 am Intention of Ong & Ching Families

Friday January 22:

9:30 am Celebrant's Intention

7:30 pm Intention of Lissy Boediman

Saturday January 23:

9:00 am Celebrant's Intention

ADORATION OF THE BLESSED SACRAMENT
on Fridays starts with Mass at 9:30 am and
concludes with Benediction at 7:00 pm

VALENTINE'S DAY DINNER DANCE

Saturday February 13, 2016

6:30 pm St. Aidan Parish Hall

Tickets: Adult & Teens - \$25.00 each

Organized by St. Aidan Knights of Columbus 11332

Tickets will be available in the foyer
after all Masses this weekend

January 17, 2016

THE HOLY DOOR

Pope Francis has declared a Jubilee Year of Mercy: twelve months for us to focus on and deepen our gratitude for the loving mercy of God. As with all jubilee years, the Year of Mercy will include the use of a Holy Door, a specially designated entrance that has spiritual and symbolic meaning for Catholics.

In this Jubilee of Mercy, passing through a Holy Door is part of the pilgrimage that all Catholics are encouraged to make, whether during a trip to Rome or a trip to the cathedrals or specially designated churches in their own dioceses. These pilgrimages come with special graces, and they allow each of us to share in the many blessings of the Holy Year.

Jesus said, "I AM the Door" (Jn 10:7), bringing to fruition the words of the psalmist, who said, "This is the door of the Lord where the just may enter" (see 118:20). Passing through the Holy Door symbolizes our leaving the world outside and entering into the realm of salvation. As Pope St. John Paul II said, the Holy Door "evokes the passage from sin to grace which every Christian is called to accomplish" (Incarnationis Mysterium).

On February 6 at 10:30 am, a chartered coach will leave St. Aidan Church to St. Patrick Church on McCall St., Toronto. Registration will be taken at the gift shop - \$10.00 per person. This trip will be an opportunity for us to gain a plenary indulgence applicable to oneself or to the death.

How to obtain the Jubilee Indulgence

In addition to passing through a Holy Door, each pilgrim is to receive the Sacrament of Reconciliation, receive the Holy Eucharist while reflecting on God's great gift of mercy, make a profession of faith (recite either the Apostles' or Nicene Creed), and pray for the Holy Father and his intentions (an Our Father and a Hail Mary are recommended)

What is a plenary indulgence? It will be explained in the next bulletin.

SOCIETY OF ST. VINCENT THE PAUL

Tel: 647 772 1319

www.svdptoronto.org

The present times are a struggle for our neighbour-in-need. Your generous contribution to the POOR BOX, helps to relieve their burden and distress. It is in loving, in being of service, and being compassionate to the POOR and those who are in need, we can be Jesus' witnesses. Please use the SVP donation envelopes kept at the back of the Church. May God enrich you in every way for your generosity.

WEEK OF PRAYER FOR CHRISTIAN UNITY

The theme for the 2016 Week of Prayer for Christian Unity is "**Called to proclaim the mighty acts of God.**" (1 Peter 2:9)

The week of Prayer for Christian Unity is celebrated around the world on January 18-25.

This universal week of prayer encourages Christians of all denominations to meet, to participate in various liturgical and other community activities, and pray together that all may be one, as Christ desires.

The importance of unity among Christians and the responsibility of the people of each parish to work for this unity should be emphasized throughout the week. All members of the parish should seek to have a deeper understanding of ecumenism.

Please pray that Jesus' Prayer "That all may be one" will be fulfilled.

PRAYER

Lord Jesus, who prayed that we might all be one,
we pray to you for the unity of Christians according to your will.
May your Spirit enable us to experience the suffering caused by division,
to see our sin, and to hope beyond all hope,
Amen.

TORONTO STEUBENVILLE 2016 CONFERENCE
Attention All Youth Grades 8 - 12! Canada's largest youth conference is back again on July 22nd-24th, 2016. Steubenville Toronto brings together over 40,000 youth across North America each year for prayer, praise, and reflection. During this conference, you are invited to discover the richness of the Catholic Church and encounter the truth of Jesus Christ in Word and Sacrament.

The conference will be held at the UOIT Campus in Oshtemo. The cost of \$250/person covers the conference admission, talks, workshops, 6 meals and your accommodation at the university residence. This cost may be subsidized through fundraising initiative in our parish community! We also welcome any parishioners or corporate sponsors in helping us bring the youth to this amazing event!
For more information or to register please contact Naomi Patterson at 416-493-0963 or via email at naomipatterson@rogers.com.