### THE EPIPHANY OF THE LORD

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# FROM: YOUCAT Youth Catechism of the Catholic Church Prayer in Christian Life

### The Way of Prayer

509. Isn't praying a flight from reality?

Someone who prays does not flee from reality; rather, he opens his eyes for reality as a whole. From Almighty God himself he receives the strength to cope with reality.

Prayer is like going to a gas station where we got free fuel for our long journey and extreme challenges. Praying does not lead out from reality but, rather, deeper into it. Praying does not take time away from other things but, rather, doubles the remaining time and fills it with intrinsic meaning. 356

510. Is it possible to pray always?

Prayer is always possible. Prayer is vitally necessary. Prayer and life cannot be separated. [2742-2745, 2757]

You cannot keep God content with a few words in the morning or evening. Our life must become prayer, and our prayers must become life. Every Christian life story is also a story of prayer, one long attempt to achieve ever greater union with God. Because many Christians experience a heartfelt longing to be with God constantly, they turn to the so-called "Jesus prayer", which has been an age-old custom particularly in the Eastern Churches. The person who prays it tries to integrate a simple formula—the most well-known formula is "Lord Jesus Christ, Son of God, have mercy on me, a sinner" - into his daily routine in such a way that it becomes a constant prayer.

### 'VOCATION SEEDS'

"On entering the house, they saw the child with Mary his mother; and they knelt down and paid Him homage. Then, opening their treasure chests, they offered Him gifts of gold, frankincense and myrrh." God asks us to give our lives. What treasures have been given to you to share with others in Christ's name? If God is calling you to be a priest, deacon, brother or sister

contact Fr. Chris Lemieux, Vocation Director Archdiocese of Toronto 416 968 0997 email: vocation@archtoronto.org www.vocationstoronto.ca

### **DRIVERS REQUIRED**

Driver/s are required to bring senior parishioners to Church for the 9:00 am Sunday Mass. Please call the office at 416-494-2704 or see Fr. Joseph Sultana.

### **MASS INTENTIONS**

### **Saturday January 7:**

5:00 pm +Sebastiao Braganza

+Barbara Sauer

+Pura dela Vega

+Virgilio Teodoro

+Joseph Biswas & Anastacia Sarker Deceased Members of Patterson and

Nugara Families

In Thanksgiving of Ng Family

In Thanksgiving of Gerry Crasto

In Thanksgiving of Ylagan & Mcleod Families

### **Sunday January 8:**

9:00 am In Thanksgiving of Atienza Family

10:30 am +Gualberto Sanchez

12:00 pm Pro - Populo

### **Monday January 9:**

9:00 am +Almond Banda

### **Tuesday January 10:**

9:00 am Intention of Rosie Fernandes

### Wednesday January 11:

7:30 pm +Joan Brown Larkin

### **Thursday January 12:**

9:00 am +Intention of Rosie Fernandes

### Friday January 13:

9:30 am Celebrant's Intention

7:30 pm Intention of Edith Vasquez & Family

### Saturday January 14:

9:00 am Celebrant's Intention

## ADORATION OF THE BLESSED SACRAMENT on Fridays with Mass at 9:30 am and concluded with Benediction and Mass at 7:30 pm.

### 2017 DONATION ENVELOPES

are available in the foyer and are in numerical order. Please take **ONLY** the box with your name on it. **Please discard your 2016 unused envelopes.** For new parishioners who wish to use envelopes, please register in the gift shop. Thank You for your cooperation!

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### APOSTOLATE OF PRAYERS

Intention for January

**Evangelization:** Christian Unity - That all Christian may be faithful to the Lord's teaching by striving with prayer and fraternal charity to restore ecclesial communion and by collaborating to meet the challenges facing humanity.

### FAMILY OF FAITH CAMPAIGN

### Where to send payments:

Thank you for your commitment to our parish's Family of Faith Campaign. To help ensure our parish benefits from your help on a timely basis, please make sure your payment information is up-to-date. Donations/payments can be sent directly to the Donation Processing Centre. The address is: Donations Processing Centre

Family of Faith Campaign 1155 Yonge Street Toronto, ON M4T 1W2

You should contact the Centre when your address changes, your payment method/information changes (eg. a new card or a new card expiry date).

The email address is campaign@archtoronto.org and 416.934.3400 x555.

## KNIGHTS OF COLUMBUS 2017 Charities Lottery

In support of Special Olympics, Ontario; The Arthritis Society and Local Charities

Draw Date: July 13, 2017 1 Ticket for \$5.00

Grand Cash Prize of \$200,000.00 and 500 Prizes valued at over \$500,000

## SOCIETY OF ST. VINCENT THE PAUL Tel: 647 772 1319 www.svdtoronto.org

"God loves you for what YOU do for JESUS in the distressing disguise of the POOR" - Saint Teresa of Calcutta

As we journey this year, let us be conscious of those around us - the marginalized, the homeless, the hungry. Like the wise men, let us become pilgrims seeking everyday epiphanies in the **less fortunate** in our community.

The Poor Box collection for December 2016 was \$2,370.30. Thank you for your kind generosity. This year too, we look forward for your continued support. God Bless.

### WORLD DAY OF MIGRANTS

January 15

A World Day of Migrants and Refugees is observed in many places in solidarity with the World Refugee Day promoted by the United Nations and observed since 2001 on 20 June. This January observance was instituted by Saint Pius X in 1914. "The phenomenon of migration today is a providential opportunity for the proclamation of the Gospel in the contemporary World" (Pope Benedict XVI, 2012)

### FACTS ABOUT EUTHANASIA/ASSISTED SUICIDE IN CANADA

#### Learn More About The Issue

Go to www.Canadiansfor Conscience.ca and find out what the legalization of physician-assisted suicide means for the vulnerable, health care workers and institutions.

### **Contact The Ontario Government**

Visit www.CanadiansforConscience.ca and use the tools there to write your elected members of provincial parliament. You may also send a letter by post (no postage required) or email.

### **Talk To Your Family And Friends**

It's not easy to have a difficult conversation about death and dying. Share your letter or this publication with your family and or friends to help raise awareness.

### PRE-AUTHORIZED GIVING (PAG)

We would like to remind everyone that you may sign up for pre-authorized giving at anytime of the year. **PAG** allows parishioners to make their regular Sunday offering, and if they wish their ShareLife offering using the "Direct Debit" system. PAG is an option, not a requirement. It is being widely used in Toronto Archdiocese and we want to make PAG available to all parishioners who would like to take advantage of it. This is a convenient way to support your parish even in your absence.

Forms can be picked up at the gift shop and brought to the parish office. Please be assured all information is strictly confidential

The Christian life is not limited to prayer, but require an ongoing dedication and courage born of prayer.

- Pope Francis -