

FIRST SUNDAY OF LENT

FROM: DOCAT **LIVING IN FREEDOM FROM VIOLENCE** **PEACE**

276. Where does the Church begin in her commitment to peace?

The Church's offer of peace is connected with the peace of Christ and is different from other strategies for resolving conflicts: "Peace I leave with you; my peace I give to you; not as the world gives do I give to you" (Jn 14:27). Christ's peace is the love that led him to the Cross. "By his wounds you have been healed" (1 Pet 2:24). The Church lives by this faith in the unconditional love that God has for every human being. From the liberating faith in this love of God emerges a new way of approaching others, whether it is an individual person or entire peoples or social groups. Wherever Christians are, there must be peace.

277. What is forgiveness?

People can do terrible things to other people: deprive them of social influence, lie to them, and betray them. Instead of becoming bitter about something that we can not eradicate, Christians have another option for making peace and achieving inner peace: forgiveness. Forgiveness does not make light of the evil that has occurred and does not undo what has happened. Forgiveness means bringing God into play, "who forgives all your iniquity, who heals all your diseases" (Ps 103:3). When backed by God, people have the strength to forgive and even to make new beginnings possible where they seem humanly impossible.

'VOCATION SEEDS'

Jesus was led by the Holy Spirit into the desert for forty days of prayer and fasting. Are you open to being led by the Holy Spirit into the life-commitment God has prepared for you? If God is calling you to serve him as a priest, deacon, brother or sister,

contact Fr. Chris Lemieux, Vocation Director,
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STEWARDSHIP REFLECTIONS FOR SUNDAY'S READINGS

As we begin this great season of Lent it is important to take some time to reflect on how we plan to best spend this time to grow as stewards of Christ. It is important that if we are going to give something up, we should strive to replace it with something good as well. Let us strive to fast from anything that prevents us from being good stewards and feast on those practices that strengthens us.

MASS INTENTIONS

Saturday February 29:

5:00 pm +Leon & Aurora Gonzales
+Julian Vasquez Sr.
+Anthony Chang
+Indra Pedropillai
+Soledad Gonzales
+James Milton Ahwai
In Honour of St. Anthony
In Thanksgiving of Carmen Yan

Sunday March 1:

9:00 am +Nicholas Tanuan

10:30 am +Paul Kar Chu Leung

12:00 pm Pro - Populo

Monday March 2:

9:00 am +Victor & Matilda Fernando

Tuesday March 3:

9:00 am +Anna Fong

Wednesday March 4:

7:30 pm Special Intention of Henry & Ophelia

Thursday March 5:

9:00 am +Shilo Bernardino

Friday March 6:

9:30 am Celebrant's Intention

7:30 pm In Thanksgiving of Jasmine Croos

Saturday March 7:

9:00 am Celebrant's Intention

2019 INCOME TAX RECEIPTS
are available for pick up after all Masses
this weekend in the foyer

ST. ANTHONY NOVENA

The thirteen consecutive Tuesday Novena in honour of St. Anthony will start on **Tuesday March 17th at 7:30 pm**. There will be Mass followed by Novena prayers and Benediction.

STATIONS OF THE CROSS

Every Friday in Lent, there will be Stations of the Cross after the 7:30 pm Mass.

March 1, 2020

MASS ETIQUETTE AND INFORMATION

Right after I receive the Host: If you are receiving Holy Communion on the hand, be sure to consume the Host in front of the priest or Extraordinary Minister of Holy Communion. Making the sign of the cross after Holy Communion is not a practice of the Church, and should not be encouraged. Making a sign of the cross after Communion implies that something more is wanting in Holy Communion; the Source of all blessings and graces. While it is not forbidden to make the sign of the cross, please don't do it in front of the person giving you Communion. When you return to your pew, you can kneel or sit and you should speak to Christ who has just entered into your soul. Thank Him, or our Heavenly Father, for this Precious Gift of infinite value. Express your Love and gratitude. You may then join in whatever hymn is being sung, which ideally should be expressive of our faith and a kind of prayer we offer up. Take advantage of the time of silence, once the priest sits down, to continue to commune or communicate with God. You can also continue this communion of love and prayer after Mass has ended, which is highly encouraged. For about ten or fifteen minutes after you receive Holy Communion, Our Lord's presence within your soul is extremely great. The union between you and God at that time is stronger than at other times because you have not had much chance to commit many small sins which we are often unaware of, and which diminish our union with God.

If the poison of pride is swelling up in you, turn to the Eucharist; and that bread, which is your God humbling and disguising Himself, will teach you humility.
- St Cyril of Alexandria -

SOCIETY OF ST. VINCENT DE PAUL

Tel: 647 772 1319 www.svdptoronto.org

"Put your trust in Him and following His example, always act humbly, graciously, and in good faith. To this end, we should help and support one another and strive for peace and union among ourselves. This is the wine that cheers and strengthens travelers along the narrow path of Jesus Christ." (St. Vincent de Paul)

Just a friendly reminder that the Thunder & Lightning casseroles are for pickup on Friday morning March 6th. Please fill in all details on the label.

Bundle - Up weekend is on March 7/8. The SVP truck will be in the parking lot. We collect clothing, shoes, linens and small household items.

Thank you for your generous support!

SHARELIFE

Living the Gospel by sharing our blessings

"The needs of our brothers and sisters in Christ are greater than ever before. In order for ShareLife agencies to continue their vital work, it is crucial we meet our parish campaign goal of \$13.8 million. Our goal can be met, but only with your help. As you contemplate the blessings God has entrusted to you, please join me in giving to ShareLife to the best of your ability." *Cardinal Thomas Collins*

March 29 is ShareLife Sunday. Please give generously.
Our Parish Goal: \$54,500

PARISH MOVIE NIGHT

On Saturday March 7th, at 6:15 pm in the parish hall, we will be showing the documentary movie, "Purgatory, The Forgotten Church". The movie recounts many historical facts as well as accounts of Near Death Experiences. It is a beautiful explanation of God's mercy; though we die in a state of grace, we can only make it to heaven if we are purified. The movie is free, pizza and pop will be available for \$5. Fr. Steven will lead a discussion during half time and after the movie. Please notify the CWL member in the Gift Shop to indicate that you will be attending, so they know how much pizza to order.

CORONA VIRUS (COLD AND FLU) PRECAUTIONS

If you are sick, stay home. Maintain good hygiene especially at Mass and parish gatherings. Sneeze into a tissue. Dispose of tissue right away in waste bin. Wash or purify hands right away. Do not touch your face, especially your eyes, nose or mouth. Most germs spread by hand contact. Receiving on the tongue will not spread germs, except if everyone's tongue were touched. You are more likely to contract germs through your hand, including Communion in the hands. There are hand sanitizers at the entrance of the church for your use.

THE COME AND SEE WEEKEND

March 13-15, 2020 at St. Augustine Seminary

Inviting single Catholic men 17 years and older, to cultivate a deeper prayer life and relationship with Jesus Christ; leading to a better discernment of God's call for their lives. Time for prayer, reflection and information on the process of becoming one of Christ's disciples as a Catholic priest. Please register online at www.vocationstoronto.ca. For more information, please contact the Office of Vocations at: 416 968 0997; or email vocations@archtoronto.org

The remembrance of my faults humbles me and helps me never to rely upon my own strength which is mere weakness.
- St. Theresa of Lisieux -