

SIXTH SUNDAY IN ORDINARY TIME

Vocation Seeds

Happy are those who know they need God. Happy are those who live faithfully the vocation of the life-commitment God calls them to, be it married, single, religious or priesthood. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

Email vocations@archtoronto.org
www.vocationstoronto.ca

Lenten Resolutions

Please take some time to consider your Lenten resolutions before Lent arrives. Every Catholic is called to strengthen their spiritual life during the season of Lent. We should all make reasonable but challenging resolutions in three areas of our lives; our prayer life, self-denial, and charitable works. Pick something for each of these three that you can reasonably do for the entire period of Lent, but something that will have a good level of challenge or difficulty. Keep in mind that your penances, or resolutions should not be a burden or annoyance to others. Some suggestions: pray more, read from New Testament daily, come early to Mass to prayerfully prepare; Give up TV or watch less, give up video games, reduce time on social media, don't snack, give up sweets, exercise regularly, don't sleep in; be more helpful around the home, visit or call relatives or old friends, do nice things to others, be more cheerful, befriend someone, give to charitable organizations, be more kind and polite.

March 5th is Ash Wednesday

Ash Wednesday, like Good Friday, is a day of Fasting, and Abstinence from meat. The law of abstinence from meat is binding on those who are 14 and older. The law of fasting is binding to those who are 18 to 59 years of age. The requirement for a fasting day is that you can have a full meal and two other small meals in such a way that the two meals don't add up to a full meal (and of course no meat). If required, you may drink beverages between meals but not something that is filling (such as milkshakes). In addition to our regularly scheduled 7:30 pm Mass, we will also have a 9:00 am Mass. There will also be a St. Aidan's School Mass in the church at 1:00 pm, which is open to others also.

MASS INTENTIONS

Saturday February 15:

5:00 pm In Thanksgiving of Lizzy & Sugi
In Thanksgiving of Liza Lanoy
In Thanksgiving of Pacampara and
Bernalies Families
Victims of Wars and Abuse
+Felicians Abejuela
+Julian Vasquez Sr.
+Ana Rita Vaz
+Laura Chow
Holy Souls

Sunday February 16:

9:00 am +Leonida Fajardo
10:30 am +Pedro & Eugenia Daddon
12:00 pm Pro-Populo

Monday February 17:

9:00 am +Mary Castilino

Tuesday February 18:

9:00 am +Cecilia Xavier

Wednesday February 19:

7:30 pm Shella Atchico
Unbelievers
+Amando Sr. & Loreto Lanot
+Helen Orphelia
+Threasa & Charles Quadros
+Debbie Cybulskie
+Jeandel Lecuanan

Thursday February 20 :

9:00 am +Virginia Mabbayad

Friday February 21:

9:30 am Celebrant's Intentions
7:30 pm Birthday Blessings for Aris Dometita

Saturday February 22:

9:00 am Celebrant's Intentions

Arm yourself with prayer rather than a sword; wear humility rather than fine clothes.— St. Dominic

February 16, 2025

Chess Tournament

St. Aidan's Church will host a Chess Tournament to help raise funds for a pilgrimage to Portugal for the members of the FNE (Federation of North American Explorers), which is a Catholic Scouting organization. The Chess Tournament is open to all ages but there is an entrance fee of \$50 for those under age 16, and \$75 for those 16 and older. Parents are welcome to accompany their children. The tournament will be Swiss Style, not elimination format, which means that contestants can continue playing for the duration of the tournament. It will take place at St. Aidan's Parish Hall on Saturday March 8 from 11 am to 3 pm. Based on 50 participants, the first place prize will be \$500, second place \$200, and third place \$175.

Please register by March 1 at FNEChess2025@gmail.com. Please bring a chess set and timer, to the tournament, if you have them. Time allotment for games will be 10 minutes for each player. Light refreshments will be available for participants.

St. Aidan Parish Library Book of the Month

Lessons in Love, by Anne a Lay Apostle. This book highlights the importance of loving others with the unconditional love that Jesus has for each one of us.

Anne discusses some frequently asked and challenging questions about our Catholic faith, guiding us in our interactions with non-Christians.

Come and visit your parish library after every weekend Mass and borrow this book and other books from our wonderful collection.

Consult not your fears but your hopes and your dreams. Think not about your frustrations, but about your unfulfilled potential. Concern yourself not with what you tried and failed in, but with what it is still possible for you to do. - St. John XXIII

Holy Water

Catholics are encouraged to use holy water in their homes. Hopefully, you were able to bless your homes on the feast of the Epiphany. Water is a natural symbol of purification and life. Water that has been blessed is efficacious in warding off evil spirits, preserving us from sin, and even sickness. Holy water is also a good source of obtaining more of God's blessings and graces, especially when we bless ourselves with it. You are welcome to take Holy water from our holy water font. You can use your own small bottle or container to get holy water or you can purchase a small container from our gift shop. The holy water is on the left-hand side of the church, close to the pieta statue.

Movie Night

Thanks to our Catholic Women's League and the Knights of Columbus our next Movie Night will be on Saturday February 22, right after the 5:00 pm Mass, starting at 6:15. We will be showing the movie "The Forge" which is about a young man, just out high school, who has no job and is only concerned with himself and his own desires. He is challenged to find real purpose in life and to become a virtuous, respectable, self-giving man. We will have a group discussion half-way through the movie and at the end of the movie. The movie is two hours long. The Movie Nights are free. We will be selling pizza and popcorn with water for \$5. If you know you will be attending and requesting pizza please register in advance at our Gift Shop so they know how much pizza to order.

Society of St. Vincent de Paul

Tel: 647-772-1319 www.svdptoronto.org

It is easier to take than to give. It's nobler to give than to take. The thrill of taking lasts a day. The thrill of giving lasts a lifetime. - Joan Marques

A good heart, as well as a soul inflamed with charity, can do nothing but good and holy works.- St. Angela Merici

2025 Donation Envelopes

Please pick up your 2025 Donation Envelopes arranged in numerical order. If you can not remember your envelope number, one of us from the gift shop can gladly help you. New parishioners who wish to use donation envelopes please register in the gift shop.