# SEVENTH SUNDAY IN ORDINARY TIME

#### **Vocation Seeds**

The Lord Calls us to do God's Will. Pray that you may know God's Will in your life; especially, if you have the inclination that you are being called to the ordained or consecrated life. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

Email <u>vocations@archtoronto.org</u> www.vocationstoronto.ca

#### **Lenten Resolutions**

Please take some time to consider your Lenten resolutions before Lent arrives. Every Catholic is called to strengthen their spiritual life during the season of Lent. We should all make reasonable but challenging resolutions in three areas of our lives; our prayer life, selfdenial, and charitable works. Pick something for each of these three that you can reasonably do for the entire period of Lent, but something that will have a good level of challenge or difficulty. Keep in mind that your penances, or resolutions should not be a burden or annoyance to others. Some suggestions: pray more, read from New Testament daily, come early to Mass to prayerfully prepare; Give up TV or watch less, give up video games, reduce time on social media, don't snack, give up sweets, exercise regularly, don't sleep in; be more helpful around the home, visit or call relatives or old friends, do nice things to others, be more cheerful, befriend someone, give to charitable organizations, be more kind and polite.

## March 5th is Ash Wednesday

Ash Wednesday, like Good Friday, is a day of Fasting, and Abstinence from meat. The law of abstinence from meat is binding on those who are 14 and older. The law of fasting is binding to those who are 18 to 59 years of age. The requirement for a fasting day is that you can have a full meal and two other small meals in such a way that the two meals don't add up to a full meal (and of course no meat). If required, you may drink beverages between meals but not something that is filling (such as milkshakes). In addition to our regularly scheduled 7:30 pm Mass, we will also have a 9:00 am Mass. There will also be a St. Aidan's School Mass in the church at 1:00 pm, which is open to others also.

#### **MASS INTENTIONS**

## **Saturday February 22:**

5:00 pm In Thanksgiving of Maria Fe Corpuz

+Jovita & John De Souza

+Bonifacio Santos

+John Darling

+Irma Saturno

**Holy Souls** 

# **Sunday February 23:**

9:00 am +Antonio & Giovanna Siniscalco

10:30 am Deceased Members of Patterson and

Nugara Families

12:00 pm Pro-Populo

## **Monday February 24:**

9:00 am +Lily John

# **Tuesday February 25:**

9:00 am +Eileen, Edna & Liam Fanning

## **Wednesday February 26:**

7:30 pm Juliana Barnes

In Thanksgiving of Ylagan Family

Victims of Abuse

+Alfredo Anajao

+Michael Raj

## **Thursday February 27:**

9:00 am +Patrick Rodrigues

### Friday February 28:

9:30 am Celebrant's Intentions

7:30 pm +Thelma Fernandez

#### Saturday March 1:

9:00 am Celebrant's Intentions

Charity begins today. Today somebody is suffering, today somebody is in the street, today somebody is hungry. Our work is for today. Yesterday has gone, tomorrow has yet to come - today, we have only today to make Jesus known, loved, served, fed, clothed and sheltered. - St. Teresa of Calcutta

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

#### ShareLife

Thank You for your generous contributions to our ShareLife Campaign for 2024. Our total collected was \$62,815.60. We got 99.4% of our goal of \$63, 200. May God reward you for your generosity and for all the charitable works that you have made possible through the numerous agencies supported by ShareLife.

#### Come & See

A men's weekend discernment retreat at St. Augustine's Seminary is scheduled for March 14 to 16. If you are a young man trying to discern what God might be calling you to, consider attending this retreat. Go to <a href="https://www.vocationstoronto.ca/comesee">www.vocationstoronto.ca/comesee</a> for more information and to register for the event

## **Jubilee Year Prayers**

During the season of Lent we will be reciting the Jubilee year prayer at all Sunday Masses. Be sure to take a prayer card from the entrance of the church and bring it with you for the Mass. You are encouraged to recite the prayer on your own at other times also.

#### **Chess Tournament**

St. Aidan's Church will host a Chess Tournament to help raise funds for a pilgrimage to Portugal for the members of the FNE (Federation of North American Explorers), which is a Catholic Scouting organization. The Chess Tournament is open to all ages but there is an entrance fee of \$50 for those under age 16, and \$75 for those 16 and older. Parents are welcome to accompany their children. The tournament will be Swiss Style, not elimination format, which means that contestants can continue playing for the duration of the tournament. It will take place at St. Aidan's Parish Hall on Saturday March 8 from 11 am to 3 pm. Based on 50 participants, the first place prize will be \$500, second place \$200, and third place \$175. Please register by March 1 at FNEChess2025@gmail.com Please bring a chess set and timer, to the tournament, if you have them. Time allotment for games will be 10 minutes for each player. Light refreshments will be available for participants.

#### Coins for Life 2025

Sometimes small contributions can go a long way. You are invited to put aside toonies, loonies, quarters, nickels, dimes during this Lenten Season in order to help support and promote the Culture of Life in Canada. Coins for Life containers will be available in the fover of the church on the weekend of March 8/9. This fundraising helps make possible the National March for Life in Ottawa, which will be on May 9 this year. You may even wish to make it a family, school, office project. Spread the good news of the sanctity of every life from conception to natural death which God created as no one has the right to destroy that life. We ask that you return the container with your donations on the weekend of April 26/27 which is Mercy Sunday in the Gift Shop. Thank you in advance for your support. For more information about Coins for Life Campaign please visit www.coinsforlife.org

### **Meet and Greet**

The Social Committee of St. Aidan Parish invites you to a Meet and Greet in the parish Hall on Saturday March 1st after the 5 pm Mass and Sunday March 2nd after all Masses.

# St. Aidan Lay Pastoral Visitors

make friendly visits to homebound parishioners who for various reasons are unable to attend Mass or who live alone.

Visits are for companionship and spiritual support. If you know of someone who would like to have a visit, please contact Lidia at staidan.visits@hotmail.com or call the parish office at 416-494-2704.

# Society of St. Vincent de Paul Tel: 647-772-1319 www.svdptoronto.org

Let us proportion our alms to our ability, lest we provoke God to proportion His blessings to our alms. - William Beveridge

#### Thank You

The Knights of Columbus, St. Aidan Council wish to thank Fr. Steven, members, parishioners and friends for the support they have given to make the Valentine's Dinner Dance a success.