

FIFTH SUNDAY IN ORDINARY TIME

February 19th is Ash Wednesday

Ash Wednesday, like Good Friday, is a day of fasting, and abstinence from meat. The law of abstinence from meat is binding on those who are 14 and older. The law of fasting is binding on those who are 18 to 59 years of age. The requirement for fasting is that you can have only one full meal and two other small meals in such a way that two small meals don't add up to a full meal (and of course, no meat). If required, you may drink beverages between meals but not something that is filling (such as a milkshake). In addition to our regularly scheduled 7:30 pm Mass, we will also have Mass at 9:00 am.

Patrician Meeting

The Legion of Mary invites everyone to attend their monthly Patrician Meeting which will be conducted on the 3rd Saturday of every month in the church hall, after the 9:00 am Mass.

The Patrician Meeting will be on the topic of "Sacrament of Marriage", and will be held on Saturday, February 21 from 10:30 am to 12:30 pm. The purpose of a Patrician meeting is to enhance our knowledge and our ability to speak confidently and persuasively about our Catholic beliefs. We invite our parish family to come and learn more about our Catholic faith, in a friendly and social atmosphere. Coffee and biscuit will be served..

Turning Right from Parking Lot

Due to the ever-greater accumulation of snow, the narrowing of our parking spaces as well as the width of the driveway, we ask that when driving out of the parking lot, you only turn right. Do not turn left, you will be holding up the cars behind you. If you need to go left, turn right and you can go around the block or you can pull into the front of the school next door where they have a roundabout, and you can turn left there. Also try not to stop traffic in front of the church by dropping people off or picking them up. It is an act of kindness for you to want to do that for your loved ones, but it is also an act of kindness towards other parishioners that you do not block the flow of traffic. Thank you for your cooperation.

MASS INTENTIONS

Saturday February 7:

5:00 pm Birthday Blessings for Remigio Napa
Henry Lokwa Ekima
In Thanksgiving of Deborrah Fernandes
+Hilary Lee
+Jose Gregorio Moreno
+Rose Teresa Sequeira
+Edgardo Acon
+Ferdinand & Marina D'Souza
Souls in Purgatory

Sunday February 8:

9:00 am +Subodhini Nithyanandan

10:30 am +Aloysius Kar On Leung

12:00 pm Pro - Populo

Monday February 9:

9:00 am +Luke Jan Nigli

Tuesday February 10:

9:00 am +Eileen Fanning

Wednesday February 11:

7:30 pm In Thanksgiving of Ferrao Family
Jean Luc I
+Audrey Ansell
+Irwin Coutinho
+Salvador Candelaria
Living and Deceased Bishops, Priests,
Deacons and Nuns

Thursday February 12:

9:00 am Xu Jin Chen

Friday February 13:

9:30 am Celebrant's Intention

7:30 pm Birthday Blessings for Liza Lanoy

Saturday February 14:

9:00 am Celebrant's Intention

May faith be the torch that illuminates, animates, and sustains you, so that all your actions and sufferings may be for God alone.-St. Margaret Mary Alacoque

February 8, 2026

Lenten Resolutions

Please take sometime to consider your Lenten resolutions before Lent arrives, Every Catholics is called to strengthen their spiritual life during the season of Lent. We should make reasonable but challenging resolutions in three areas of our lives: our prayer life, self-denial, and charitable works. Pick something for each of these three that you can reasonably do for the entire period of Lent, but something that will have a good level of challenge or difficulty. Keep in mind that your penances, or resolutions, should not be a burden or annoyance to others. Doing this will help us overcome some of our pride and selfishness, which we are all prone to. Some suggestions: Pray more, pray the daily rosary, or attend Mass daily, read from the New Testament daily, meditate on the life of Jesus, come early to Mass to prayerfully prepare, read a spiritual book; Give up TV or watch less, give up video games, reduce time on social media, give up apps that lead to doom scrolling, don't snack, give up sweets, exercise regularly or go for a daily walk, don't sleep in, be more punctual; Be more helpful around the home, visit or call relatives or old friends, do nice things for others, be more cheerful, befriend someone, give to charitable organizations, be more kind and polite, be more involved in parish organizations.

Valentine's Dinner Dance

The annual Valentine's Dinner Dance will take place on February 14th, hosted by the Knights of Columbus. Tickets are being sold for \$50 at the front foyer every weekend leading up to the event. Further details on the poster and website.

CWL Membership Drive

The Catholic Women's League of Canada, St. Aidan's Council will have their membership drive this weekend of February 7 & 8. CWL representatives will be at the foyer to provide more information. Consider joining the Catholic Women's League for the opportunity to serve God and country.

Family Day

Family Day weekend is coming up on February 14-15. To commemorate this holiday, there will be a family consecration prayer to the Holy Family at every Sunday Mass. Prayer cards will be provided by the Knights of Columbus.

No Foreign Currency in Collection

Please do not put foreign currency into the collection basket. The only currencies that we can accept are Canadian and American. We cannot exchange any other currency, especially if it is just loose change. Note that if you place any other currency into the offertory envelopes, we can not give you a receipt for it because we cannot deposit it. In reality you are not giving anything, not offering anything at the Mass.

Ministry of Greeters

We are starting a new ministry of greeters before Sunday Masses. Although our ushers do some of this already, we wish to have a separate ministry of just welcoming people to the parish. The requirement is to be present 20 minutes before Sunday Mass, in the foyer of the church, to greet and welcome parishioners, and to answer questions for those seeking information. Please speak to Fr. Steven if you are interested.

Official Consecration to Jesus through Mary

Fr. Steven, in conjunction with the Legion of Mary, is encouraging everyone to participate in St. Louis Marie de Montfort's method of consecration. This has been promoted by many saints and popes. It requires 33 days of intense preparation, about 10 minutes of daily prayer and scripture reading. We hope to get all our parishioners to do this. There are tremendous benefits to the individual who undertakes this method of consecration, to his or her family and to the community at large. The days of preparation will begin on February 20 and the consecration will be done communally at St. Aidan's Church on the Solemnity of the Annunciation, Wednesday March 25th. We have booklets available for \$5, in our Gift Shop, that facilitate the daily prayers and readings which you should be doing on your own.

Society of St. Vincent de Paul

Tel: 647 772 1319

www.svdptoronto.org

When one gives, two get happy.– Amit Kalantri

Please note that when donating to the St. Vincent de Paul St. Aidan Conference via cheque, all cheques should be made payable to - SVP St. Aidan Conference. Thank you for your cooperation.