

SECOND SUNDAY OF LENT

Active Participation at Mass

Active participation in the Mass is one of the things emphasized and encouraged by the Second Vatican Council. It was hoped that the proposed changes to the Mass, as mentioned in the documents of Vat. II, would result in a greater participation of the faithful in the celebration of the Mass. Active participation brings with it tremendous blessings. To truly benefit by our full and active participation in the Mass, it is essential that we understand the different elements of the Mass in all its aspects. Active participation does not mean that you have to be doing something physical, such as being engaged in one of the ministries at Mass, such as Lectors, or Altar Servers, etc. We actively participate in the Mass, when we participate through mind and heart; understanding the different parts of the Mass, and having the right dispositions of our hearts.

Every Friday of Lent

Every Friday throughout the year is a day of abstinence. The only exception would be if a solemnity falls on a Friday. Traditionally this meant that all Catholics over the age of 14 would be required to abstain from meat on Fridays. This custom was made easier for Catholics as of 1966. They can now substitute some other act of self-denial or penance on Fridays throughout most of the year. During the season of Lent, this is not an option. Catholics 14 and older, for Fridays of Lent, are required to abstain from meat. This custom helps us to remember the passion and death of our Lord, which took place on a Friday. By our giving up something, we are reminded that Christ gave up His life for us. This custom also helps us grow in self-control and enables us to be stronger in resisting temptations.

Lenten Reflection for All Parishioners

CWL is organizing a Lenten Reflection for all parishioners on Saturday March 14, from 10:45 am to 12:45 pm. Reflection Master Fr. James Cyfko will talk about the importance of Lent to our Faith, and journey with those in Sacred Scriptures who have lived the Lenten spirit and learn from them.

First Friday

This coming Friday is first Friday of the month of March and so we will have an all-night vigil of adoration. Please note that we will not have the all-night vigil for the first Friday of April due to the fact that the first Friday of April is Good Friday.

MASS INTENTIONS

Saturday February 28:

5:00 pm In ThanksgivingOf David Cheuk Family
In Thanksgiving of Dometita Family
+Benedict Gomez
+Regalado Dagdag
+Florie D'Souza
+Mary Anne Pinto
+Veronica Castillo
+Saverimuthu & Hema
Souls in Purgatory

Sunday March 1:

9:00 am +Joseph Attar
10:30 am +Raquel X. Batalha
12:00 pm Pro - Populo

Monday March 2:

9:00 am +Edelberto Contreras Acon

Tuesday March 3:

9:00 am +David Hogg

Wednesday March 4:

7:30 pm Birthday Blessings for Dennis Ebal
+Lydia & Romeo Tabafunda
+Federico P. Insa
+Neville Pereira
Victims of Wars & Crimes

Thursday March 5:

9:00 am +Paul Kar Cheu Leung

Friday March 6:

9:30 am Celebrant's Intention
7:30 pm Pearl, Colleen, Karl & Malcolm

Saturday March 7:

9:00 am Celebrant's Intention

Stations of the Cross

Every Friday evening, after our 7:30 pm Mass, we will have the Stations of the Cross. Everyone is welcome to participate.

March 1, 2026

Bundle up for Saint Vincent de Paul

March 7 - 8

The Society of Saint Vincent de Paul St. Aidan Conference is focusing on collecting textiles, shoes, clothing, beddings, draperies, and small household goods on the weekend of March 7-8 to support our Neighbours in Need (NINs). Please bring your donation to the truck or bin parked at the back of the church parking lot. The collection bin will be open on Saturday and Sunday from 8:00 am to 8:00 pm. Volunteers will be available to assist with loading before and after each Mass. Please secure your bags to keep the items safe. Appliances, baby or standard furniture, books, mattresses, dishes, building materials, and videotapes are not accepted. For more information, please visit www.ssvptoronto.ca Thank you for your continued support.

Ways in which Christ is Present at Mass

Christ's primary presence in a Catholic Church is in the Eucharist. He is truly and substantially present in the Consecrated Hosts, reserved in the Tabernacle and made present on our altars at Mass. In the Constitution of the Sacred Liturgy, from Vat. II, we read, "To accomplish so great a work, Christ is always present in His Church, especially in its liturgical celebrations. He is present in the sacrifice of the Mass, not only in the person of His minister, "the same now offering, through the ministry of the priests, who formerly offered Himself on the cross", but especially under the Eucharistic elements. By His power He is present in the sacraments, so that when a man baptizes it is really Christ Himself who baptizes. He is present in His word, since it is He Himself who speaks when the holy Scriptures are read in the Church. He is present, lastly, when the Church prays and sings, for He promised: 'Where two or three are gathered together in my name, there am I in the midst of them'. (Mat. 18:20)

Today we welcome Catholic Cemeteries & Funeral Services to our parish. Catholic Cemeteries are a vital part of the Catholic Church. Operated under the auspices of the Archdiocese of Toronto, each Catholic cemetery and funeral home reflects our Catholic beliefs.

To learn more, visit catholic-cemeteries.com

How to Dress for Sunday Mass

Attending Sunday Mass should be something we look forward to, and not something we just check off on a to-do list because we know we need to attend Mass. If we understand what the Mass is all about, and all the benefits it can afford us, we would definitely look forward to Sunday Mass. As mentioned previously, the celebration of the Mass is the greatest act of worship of God; it is the greatest prayer, the greatest offering we could ever make to God. It is also the greatest praise of God and the greatest manifestation of thanksgiving to God. Even if for some reason we could not receive Holy Communion, our faithful participation in the Mass can gain for us the greatest blessings from God and an ever-greater union with Him. How would you dress if you were to visit the home of a great dignitary, such as a prime minister or a king or queen in their palace? We are visiting the house of God when we come to a Catholic Church, and we will be encountering God Himself who becomes present to us in many ways throughout the Mass. The term "Sunday best" comes from the fact that traditionally people always wore their best for Sunday Mass. We should wear our best to honour and respect God, whom we will encounter in His own house; the church.

Society of St. Vincent de Paul

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www.svdptoronto.org

At the end, it's not about what you have or even what you've accomplished. It's about who you've lifted up. Who you've made better. It's about what you've given back.— Denzel Washington

World Day of Prayer

The World Day of Prayer is a global ecumenical movement, which brings Christians of many denominations together to observe a common day of prayer. Each year, a different host country prepares the content, highlighting its culture and regional justice issues. This year the prayer is written by Nigerian Women "I Will Give You Rest: Come" Matthew 11:28-30

The host parish is The Church of the Nativity.

Everyone is welcome to attend the service on Friday March 6, at 7 pm at The Church of the Nativity, Malvern, 10 Sewells Road (east of Toronto, north of Sheppard), Scarborough, Ontario M1B 3G5

Holy Hour

The Knights of Columbus will host their next Holy Hour on Tuesday March 10 at 7 pm –8 pm.